

S&S

A.A.R.M.
Assault Awareness & Risk Management
WbTeL Course Presentation

"You judge a society by how it treats its most vulnerable citizens."

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Do you need this training?
Concerns, vulnerabilities, risks and rational decision making

Ask yourself:

1. Have you become concerned about the apparent steady rise in anti-social behaviour and violent crime generally?
2. Do you ever worry about the risks of and specifically your personal vulnerability to street or work-place violence?
3. Do you feel bewildered by the amount of conflicting information and statistics floating about?
4. Have you ever wished you could feel more confident and capable when faced with conflict situations?

If you answered 'Yes' to one or more of these questions, then the AARM course is for you.

Read on!

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Video: Click to watch
Podcast: Click to Listen
Notes: Why you need this training
In the News

How will the AARM courses help you?

Personal safety courses for everyday life or, specialist courses tailored for those at risk in the work place.

Short, tried and tested courses, designed to develop:

1. your understanding of violence, its characteristics and predators.
2. your risk awareness and ability to analysis and evaluate the risks you face.
3. stress management and coping skills
4. communication and conflict management skills.
5. Practical personal protection skills & techniques

Notes: What benefits will all this give you - personally and professionally?

These courses are based on scientific research and empirical evidence to allow you to make informed and rational choices when devising your own personal safety strategies.

Why you should choose the AARM Course?
 Course History, Philosophy & Comparative Advantages

Intended to:

- Overcome the drawbacks of conventional and/or traditional courses.

Designed for:

- Normal people, and
- Those with little time or interest in regular self-defence training.

Designed to be:

- Short
- Realistic
- Modular

A structured and modular pedagogical format for flexibility of learning and developing the learner's ability to devise their own integrated personal safety programs.

Notes: The problem with traditional courses.

Notes: The aims of the AARM courses.



•Where do we go from here?
 Action points and next steps, Contact Us!

- Thank you for reading
 - Make contact
 - Email (via homepage \ Contact Us)
 - Keep in touch
 - Eventbrite or Meetup as events appear
 - Linkedin and Facebook
 - Twitter and Blogs
- Action Points & Next Steps
 - Attend an open day or, one of our free Insight Courses
 - Book a Course
 - Register & Enroll
 - Make your 'Learning Plans' with us
 - Follow the red monkey and Meetup!

Ready for an interesting, fun and productive learning experience?
 Then let's get started - Contact Us!

Courses are available to order in-class or accessible on-line in the form of our hybrid Web based Training and e-learning (WbTEL) courses. Alternatively book one of our free Insight Courses for a short practice workshop or look out for our scheduled course open days.

Meetup

Contact Us


